

# Micro-needling Protocol for Tendu, Renveau Liquid PDO, and Combination Treatment

## Overview

This protocol covers the use of Tendu , Renveau Liquid PDO, and their combination for micro-needling. Each treatment is designed to address specific skin concerns and deliver transformative results, often noticeable after just one session.

## Step-by-Step Protocol

### 1. Pre-Treatment Preparation

#### 1. Skin Assessment:

- Evaluate the client's skin type, concerns, and goals.
- Determine whether to use Tendu, Renveau, or their combination based on their needs.

*\*Recommendation Below*

#### 2. Pre-Treatment Instructions to client:

- Avoid exfoliants, retinoids, and direct sun exposure for **5–7 days** before treatment.
- Discontinue blood-thinning medications or anti-inflammatory drugs **3 days before treatment** (with physician approval if necessary).
- Arrive with clean, makeup-free skin.

#### 3. Cleansing:

- Thoroughly cleanse the treatment area to remove makeup, oil, and impurities.
- Disinfect the skin with an antiseptic solution. *\*Recommendation Below*

#### 4. Topical Anesthesia (Optional):

- Apply numbing cream and allow it to take effect for **20–30 minutes**.
- Remove completely before starting the treatment. (Optional) remove a quarter area at a time.

### 2. Serum Selection and Preparation

#### 1. Tendu Alone:

- Ready-to-use.
- Dispense 2–3ml of Tendu serum onto a sterile tray or directly onto the skin.

#### 2. Renveau Liquid PDO Alone:

- Reconstitute the 10ml vial of Renveau dry concentrate with sterile or bacteriostatic water.
  - Optional mix 5ml of preferred skin booster with 5ml of sterile water
- Gently swirl the vial until fully dissolved.
- Use 2–3ml of the prepared solution per treatment.

#### 3. Combination Treatment:

- Mix 1ml of Tendu with 2ml of Renveau Liquid PDO in a sterile container.

### 3. Treatment Application

#### 1. Serum Application:

- Apply the selected serum ( As the Glide or with your Glide ) (Tendu, Renveau, or combination) evenly over the treatment area.

## 2. Microneedling Procedure:

- Adjust microneedling device settings based on the treatment area:
  - **Face:** 0.25–1.0mm
  - **Neck/Décolleté:** 0.25–0.5mm
- Perform microneedling in a systematic pattern: Vertical, horizontal, and diagonal passes. *\*Recommendation Below*
- Reapply serum as needed during the procedure to maintain hydration and ensure smooth gliding.
- **Post-Treatment Serum Application:**
  - Apply any remaining serum to the skin for enhanced absorption and optimal results.

## 4. Post-Treatment Care

### Cooling and Soothing:

- (Optional) Apply your calming mask or cooling gel immediately after the procedure.

### Sunscreen:

- Apply a broad-spectrum SPF 30 or higher before the client leaves.

## Treatment Frequency

**Tendu Alone:** Ideal for hydration, elasticity, and nourishment. Results are often visible after one session; a series of 3 treatments spaced 4–6 weeks apart is recommended for long-term benefits.

**Renveau Alone:** Best for collagen stimulation, repair, and rejuvenation. Similar schedule as Tendu, with noticeable results after the first treatment.

**Combination:** For clients seeking hydration and intense skin regeneration in one treatment. Results are visible after one session; a series of 3 treatments spaced 4–6 weeks apart is recommended for long-term benefits.

## Key Notes

**Tendu** (2–3ml per Treatment): Comparable to exosome therapy, it delivers hydration and skin repair. Ideal for clients seeking moisture and a radiant glow.

**Renveau** (2–3ml per Treatment): A potent alternative to PRP, providing regenerative benefits in smaller, more effective doses.

**Combination** (1ml Tendu + 2ml Renveau): Maximizes the benefits of both products, offering hydration, repair, and rejuvenation in a single treatment.

## Recommendation on When to Use Tendu, Renveau, or the Combination

### **Tendu (2-3ml) Cost \$40-\$60 Charge \$400-\$500**

- **Best For:** Hydration, glow, plumping, and skin barrier repair.
- **Use When:** Client wants instant hydration, radiance, and pre-event glow.
- **Ideal For:** Dehydrated, dull, or sensitive skin.

### **Renveau (2-3ml) Cost \$20-\$30 Charge \$400-\$500**

- **Best For:** Collagen production, rejuvenation, and firming.
- **Use When:** Client needs anti-aging, wrinkle reduction, or scar repair.
- **Ideal For:** Aging skin, acne scars, and clients seeking lasting firmness.

### **Combination (1ml Tendu + 2ml Renveau) Cost \$40 Charge \$400-\$600**

- **Best For:** Hydration + Collagen Boost = Full Skin Rejuvenation.
- **Use When:** Client wants maximum results in one session.
- **Ideal For:** First-time clients, anti-aging, and glow-seekers.

**(Questions about this please feel free to call 786-269-7055)**

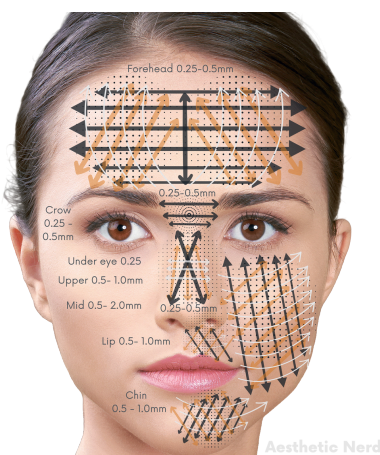
### **Recommendation on Disinfectant - SurgiHEAL PRO:**

Clean equipment and face with Hypochlorous acid (HOCl)

- **Why:** HOCl is gentler, non-toxic, and highly effective against bacteria, viruses, and fungi. It is highly sought for infection prevention, wound care and scar management, inflammatory modulation which reduces pain.
- **Hydration:** HOCl maintains the skin's natural moisture balance, while alcohol wipes dry out the skin, with skin booster products the goal is hydration. Maintaining hydration from the start is why I recommend SurgiHEAL PRO

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### **Recommended Microneedling Map**



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## Patient Checklist: Pre- and Post-Treatment Instructions

### Pre-Treatment Dos:

- Avoid exfoliants, retinoids, and acids for 5–7 days.
- Discontinue blood-thinners or anti-inflammatory drugs 3 days prior (with approval).
- Drink plenty of water to ensure skin hydration.
- Arrive with clean, makeup-free skin.
- Agree to the use of before and after photos. Our skin boosters are classified as regenerative medicine and deliver remarkable results. To effectively assess the need for touch-ups and identify focus areas for future treatments, it is essential to capture before and after images 2-3 weeks post-treatment. This allows the practitioner to reevaluate and adjust the treatment plan as needed.

### Post-Treatment Dos:

- Use a gentle cleanser after the first 48 hours.
- Apply hydrating serums or creams recommended by your provider.
- Wear broad-spectrum sunscreen daily.

### Post-Treatment Don'ts:

- Do not apply makeup for at least 24 hours.
- Avoid sun exposure and tanning beds for 1 week.
- Do not use exfoliating products or retinoids for 5–7 days.
- Avoid touching or picking at treated areas.
- Avoid excessive heat or sweating for 2-3 days